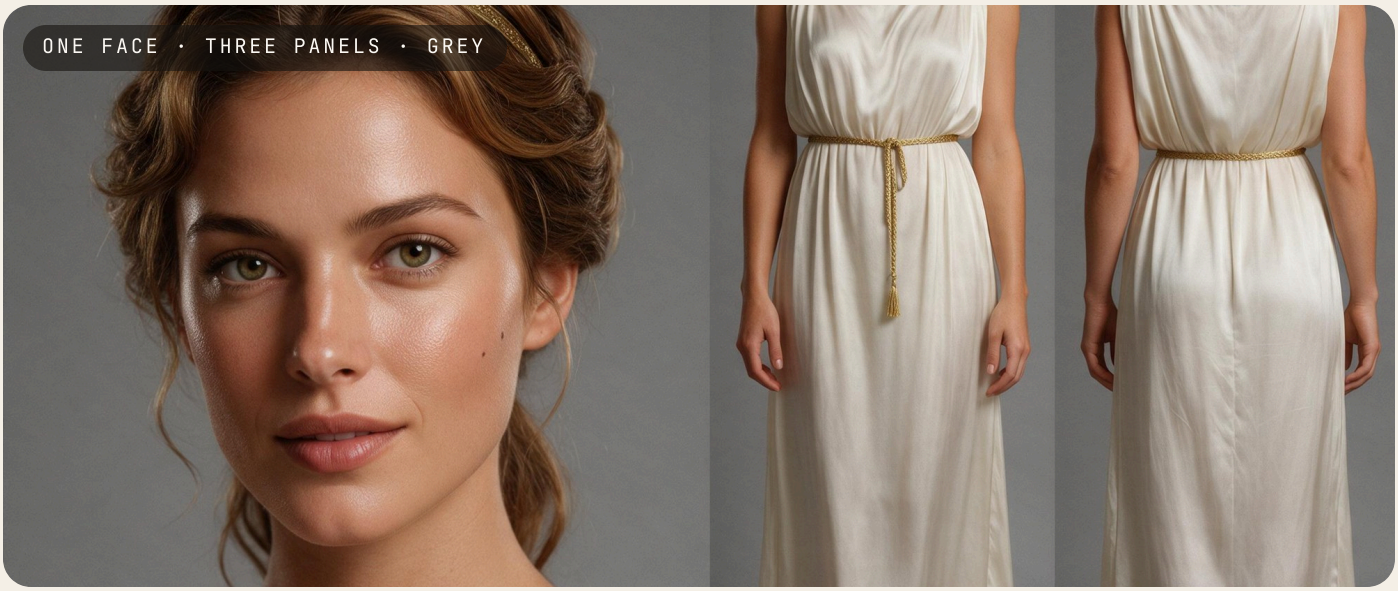
FREE · FROM THE SHEET REEL

ALL THREE *fixes.*

Why does your face change in every new generation? Because of three mistakes everybody makes. Here is what Magister shows Helen — ready to paste.



1 · Throw away the 20-pose sheet

One face per sheet. Close-up on the left half; front and back on the right, **cropped at the neck**. Medium-grey background, not white — white eats the light.

```
A clean character reference sheet of [WHO + FACE + ONE MARK WITH A SIDE]. Wardrobe: [LAYERS IN ORDER]. Seamless medium-grey studio background, soft even studio light, photoreal, no text, no labels. Exactly three panels: the LEFT half is one large close-up of the face looking into the camera — the only face on the whole sheet. The RIGHT half: full-body FRONT and BACK views, standing straight, cropped at the neck. Lots of grey space.
```

2 · Stop describing the place

Generate the location **once**, empty, and attach it as its own reference.

```
Wide photograph of [THE PLACE], completely empty, no people. [3–4 landmarks: left / centre / right, near / far]. [ONE light source + time of day]. Photoreal, fine film grain, 4:3.
```

3 · Lens, light, film — not "cinematic"

```
[LENS] portrait 29° field of view, focus on the near eye. [LIGHT] low warm sun behind her, a glowing rim on the hair. [FILM] shot on Kodak Vision3 250D 35mm, fine natural grain.
```

WANT THE FULL METHOD?

12 pages: the full 1×3 skeleton, both sheets with exact prompts, the reference-roles block for video, the chain method and a 12-point drift checklist.

Scroll II — $5 →